



# Simplify your life with **free healthcare.**

Access doctors and therapists  
by phone, video, or app.



Be your **Healthiest You**

Take control of your health. Download the app  
to start using your free healthcare services.



#### **Talk to a doctor 24/7 \$0 Copay**

Speak to a licensed doctor by phone or video 24/7 from anywhere



#### **Expert Medical Services \$0 Copay**

Receive a second opinion on an existing diagnosis and treatment for any condition



#### **Behavioral Health \$0 Copay**

Talk to a therapist seven days a week from wherever you are



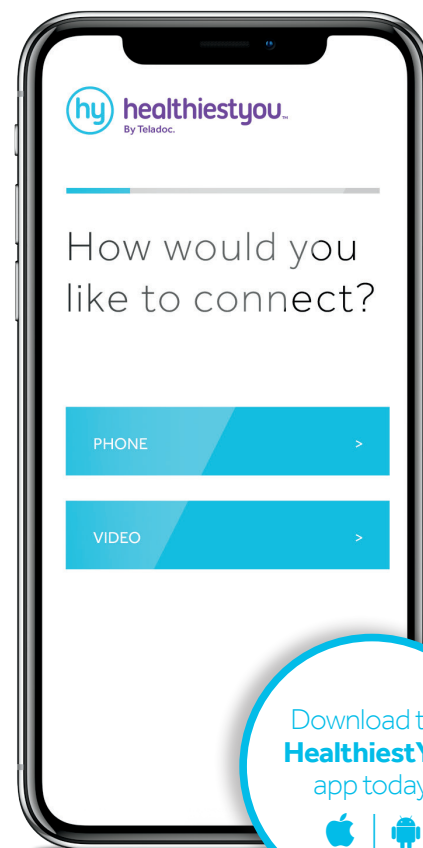
#### **Back Care \$0 Copay**

Relieve your back pain through guided videos with a certified health coach



#### **Dermatology \$0 Copay**

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days

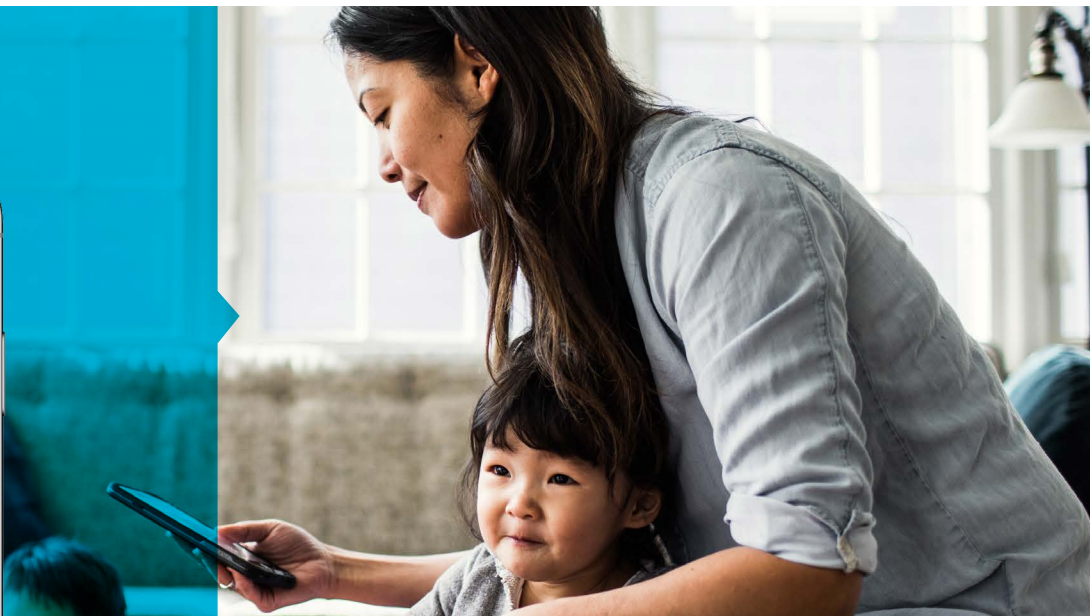
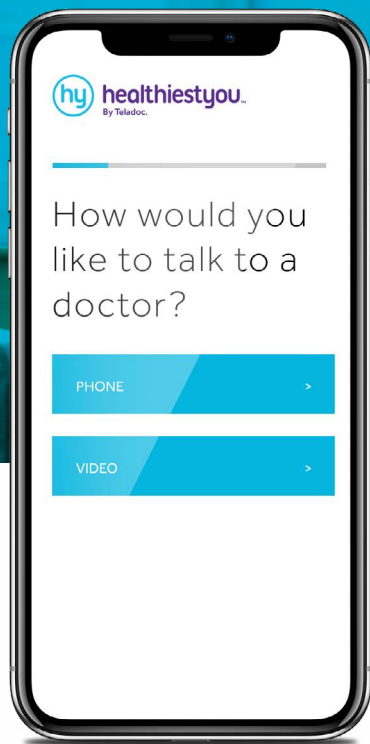


Download the  
**HealthiestYou**  
app today.



## Download the app for access to free and easy healthcare

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## Feel better.

Talk to a doctor for free by phone or video 24/7.



### Dedicated Support

Our client success team will promote the benefit on your behalf



### Save money

Find the lowest-cost prescriptions in your area



### Find a pharmacy nearby

Locate a pharmacy near you to pick up prescriptions from your HealthiestYou virtual doctor visit\*

\*Medicine is prescribed when medically necessary

**We can treat over 70% of common ailments including:** Allergies, Bronchitis, Earache, Sore Throat, Sinusitis, Pink Eye, Strep Throat, Respiratory Infection, and Urinary Tract Infection

Typical Visit Cost — ER: **\$678** | Urgent Care: **\$117** | HealthiestYou: **\$0 (FREE!)**



## Set up your account today

Download the app for free doctor visits

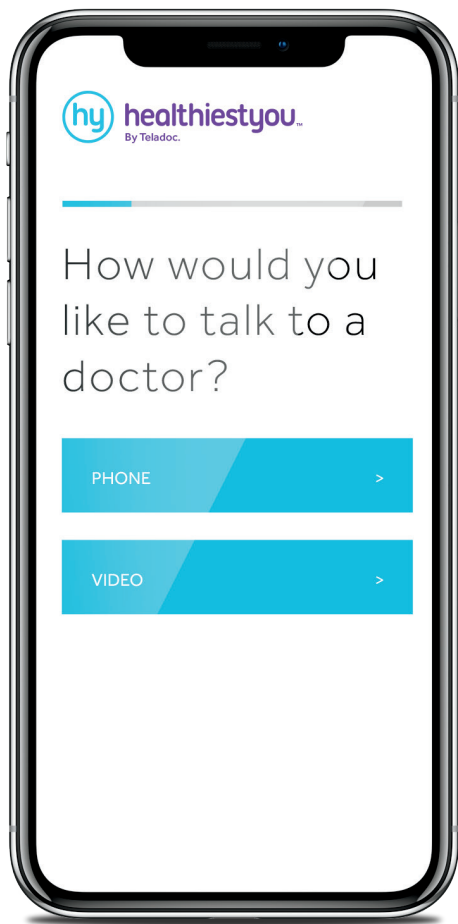
HealthiestYou.com | 866-703-1259



**healthiestyou™**  
By Teladoc.

Be your **Healthiest You**

# Set up your HealthiestYou account in 4 easy steps.



**Download the app to connect to doctors for free by phone or video 24/7, shop the lowest-cost prescriptions, and much more.**

**1**

#### **Download the app**

Search "HealthiestYou" in the app store or on Google Play.

**2**

#### **Set up your account**

Once you've downloaded the app, select "Register," then choose "Employee" as your membership type.

**3**

#### **Enter basic contact information**

Type in your last name, date of birth, and ZIP code.

**4**

#### **Type in your security information**

Enter a valid email address, password, the best number for our doctors to reach you, your preferred language, and accept terms and conditions.



**All doctor visits are free. Download the app today!**  

HealthiestYou.com | 866-703-1259



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